



*National Treatment Agency
for Substance Misuse*

What might Recovery Oriented Integrated Systems (ROIS) mean for future treatment services?

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NTA, North West Regional Manager

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4 major influences for ROIS (access via search engine)

- ✓ Professor Dwayne Simpson (ITEP, RELS)
- ✓ William L. White (Slaying the Dragon)
- ✓ George De Leon (Right Thinking)
- ✓ John McKnight (ABCD)

Treatment learns from Recovery

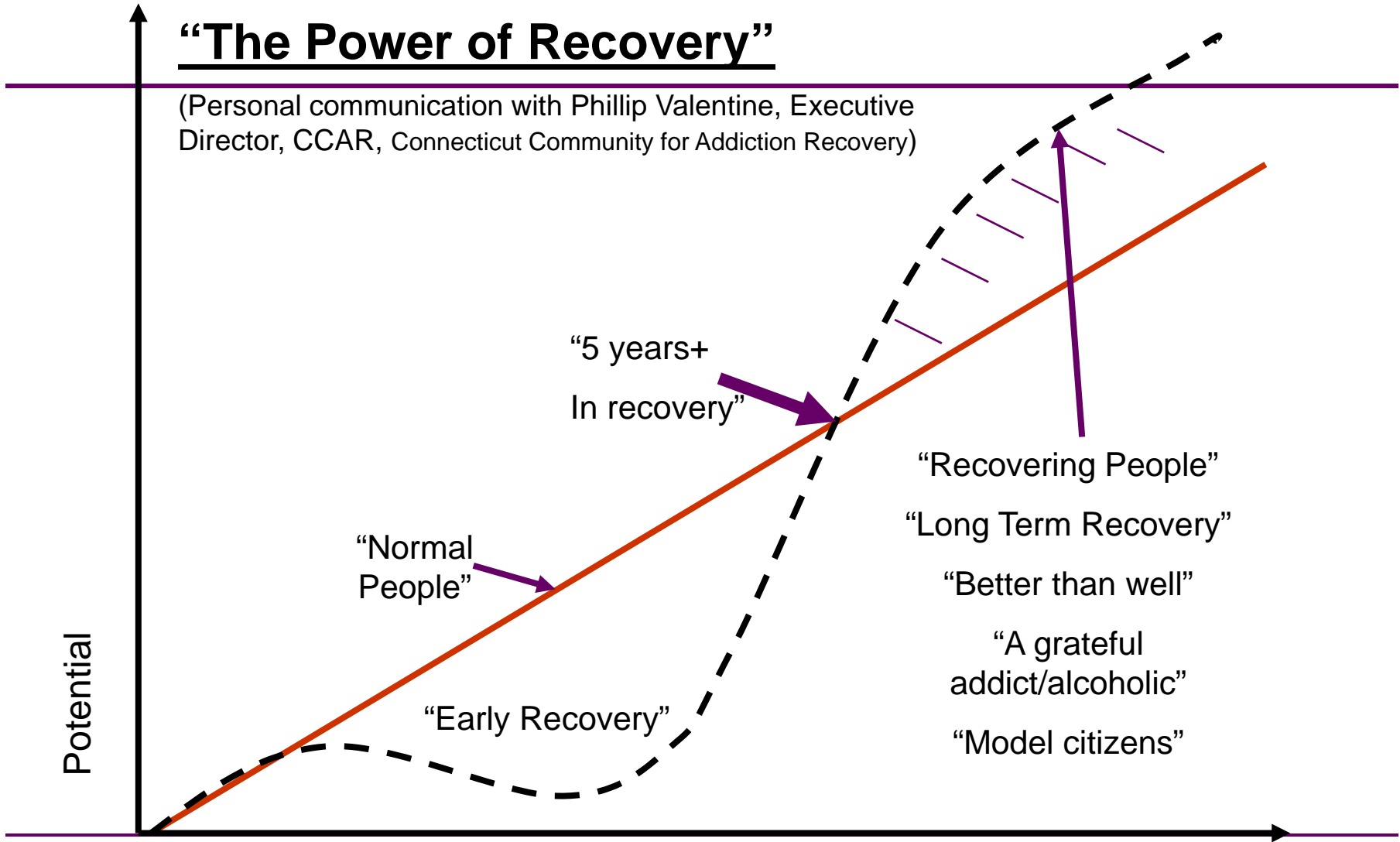
'There is a principle which is a bar against all information, which is proof against all arguments and which cannot fail to keep you in everlasting ignorance - that principle is contempt prior to investigation'

(Herbert Spencer)

- We need to find the humility to accept that all the millions of people who have recovered (and are 'recovering') may just have something to tell us:
 - We asked...
 - They did...
 - We listened...
 - We acted...
 - We got recovery...

“The Power of Recovery”

(Personal communication with Phillip Valentine, Executive Director, CCAR, Connecticut Community for Addiction Recovery)



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Historical context...



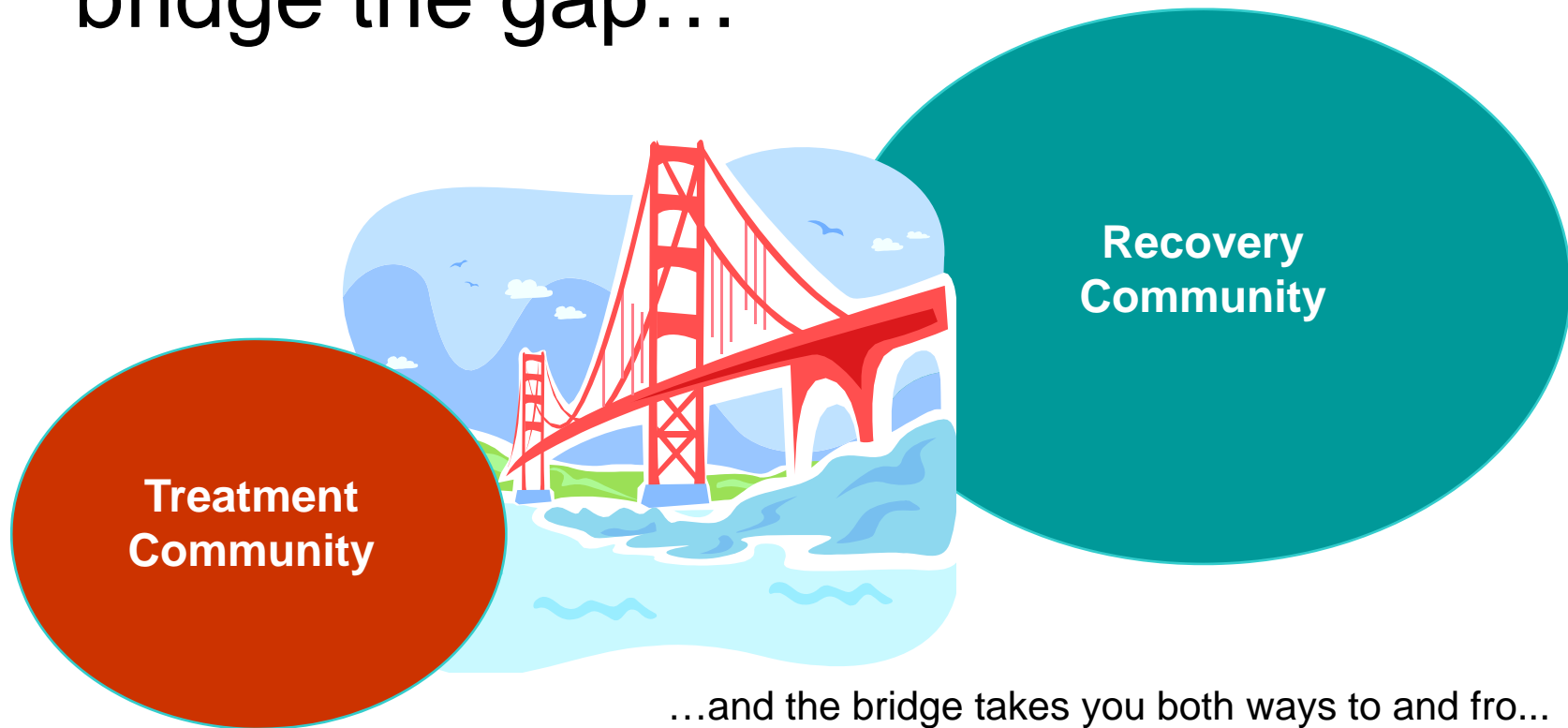
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A ROIS helps to...

bridge the gap...



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Treatment, Medication & Recovery

Treatment Works: but works best if you make it work for you

Medication Works: with or without your active engagement

Recovery:

- Works when the patient/client does everything to help themselves.
- Recovery happens when the patient/client takes control of their treatment journey and the professionals assist.

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What happens when you introduce a ROIS?

- Recovery Optimism replaces Therapeutic Pessimism.
- Ambitions and Aspirations are raised.
- Commissioners and Providers learn that substance use disorder is a condition that people recover from.
- People still suffering with substance use disorders are exposed to the experience, strength and hope of those who have recovered or are recovering.
- Drug workers see people they have treated get well in the same communities that they got sick.
- Professionals take their place; “on tap” and not “on top” (John McKnight, ABCD)

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ROIS speaks to Local Strategic Partnerships

ROIS can produce OUTCOMES that address the “Big Ticket Items”

- *Parents able to care for their children*
- *Health Inequalities*
- *Crime Reduction and Community safety*
- *Social Integration (employment and housing)*
- *Prevention of Inter-Generational Transmission of Addiction (and other social problems e.g. teenage parenthood, welfare dependency)*

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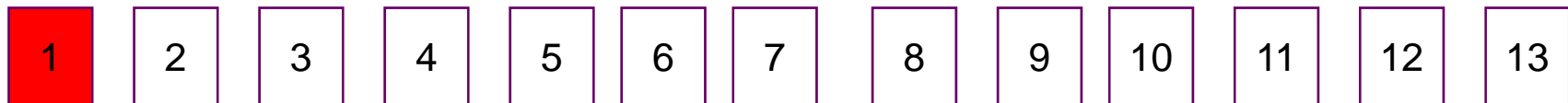
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North West DAATs 2005: Typical One Dimensional, NON-System

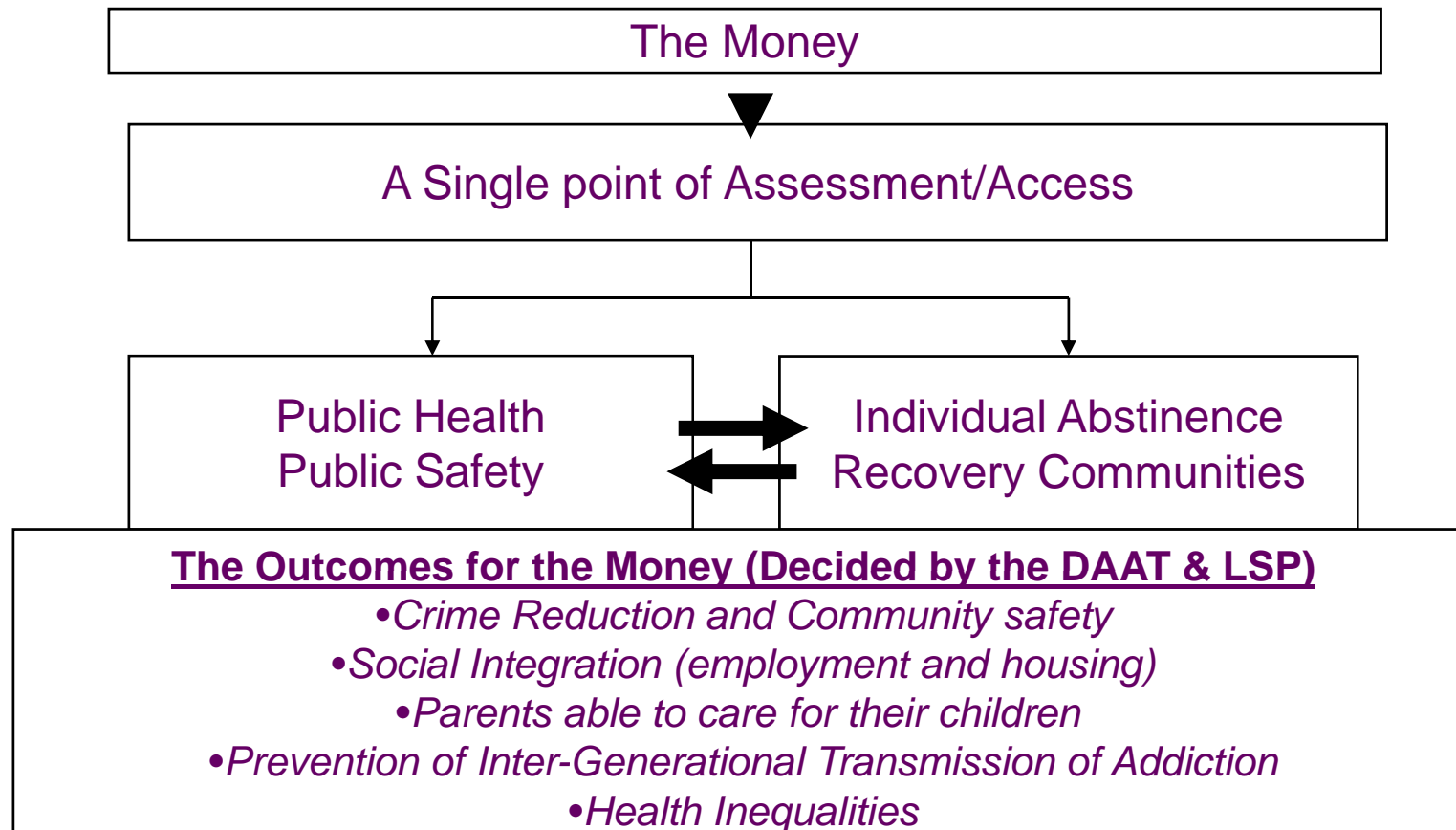
Case Study:

- In this area services are simply procured and purchased.
- In this area there are 13 Services.
- There is little movement between the services.
- Service providers have no sense of being part of an integrated system. Some may actively refuse to refer to other services.
- Service number 1 is the CDT and sees 80%+ of all contacts.



North West DAATs 2007

Two Dimensional, Twin Track SYSTEMS Approach (e.g. Blackpool)

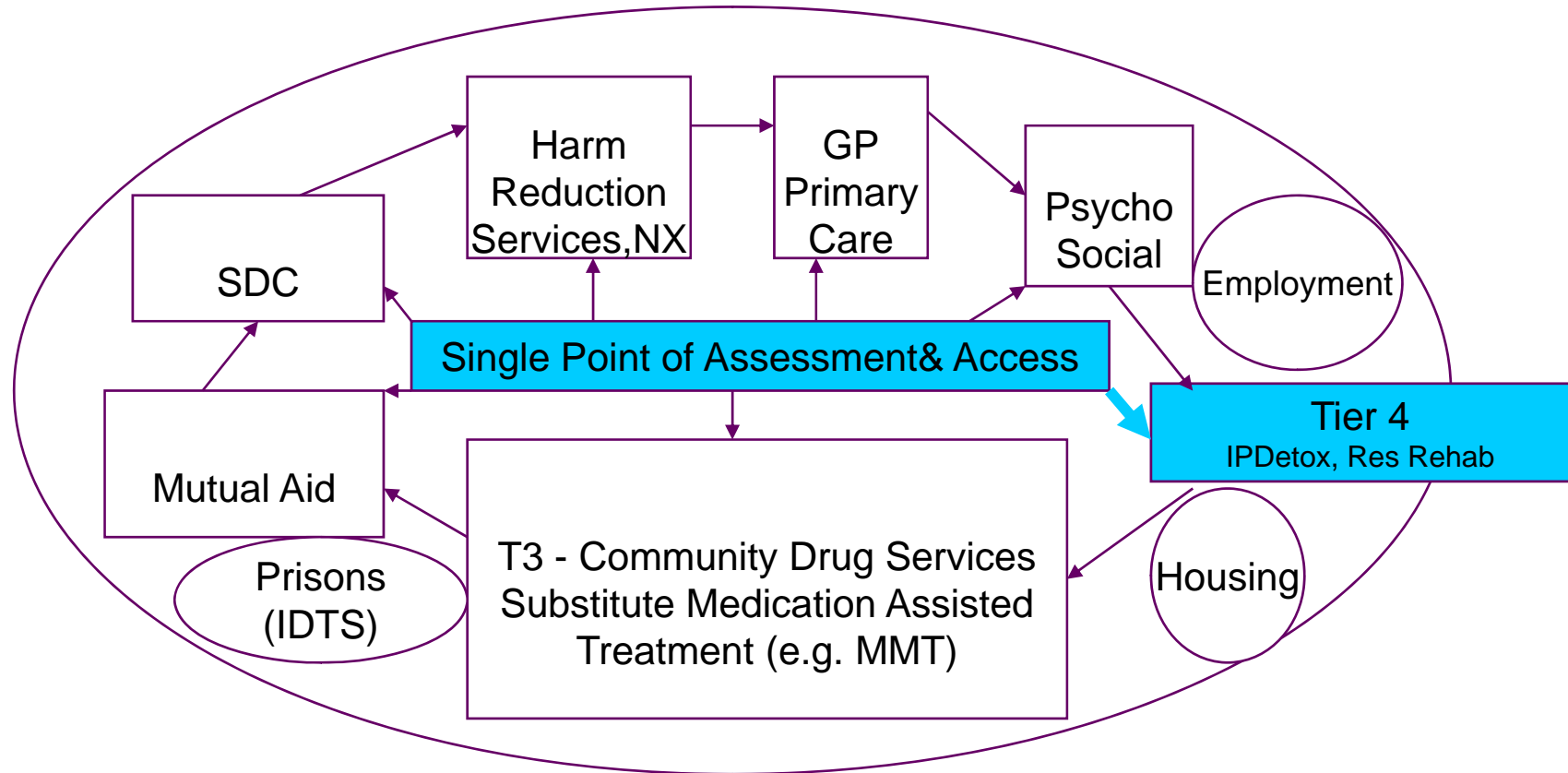


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ROIS: Recovery Oriented Integrated System



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Recovery Oriented (*Journeys, Care Plans, TOP, Maps & Language*)

- Everyone in treatment is on a **journey**
- Everyone in treatment has a **care plan** that guides the journey.
- Everyone in treatment will have a **TOP** form on entry, review and exit.
- ITEP **mapping** used to guide the client through the treatment system.
- In a recovery oriented treatment system, everyone speaks the **language** of recovery:
 - Therapeutic Optimism
 - Hope
 - Strength
 - Experience

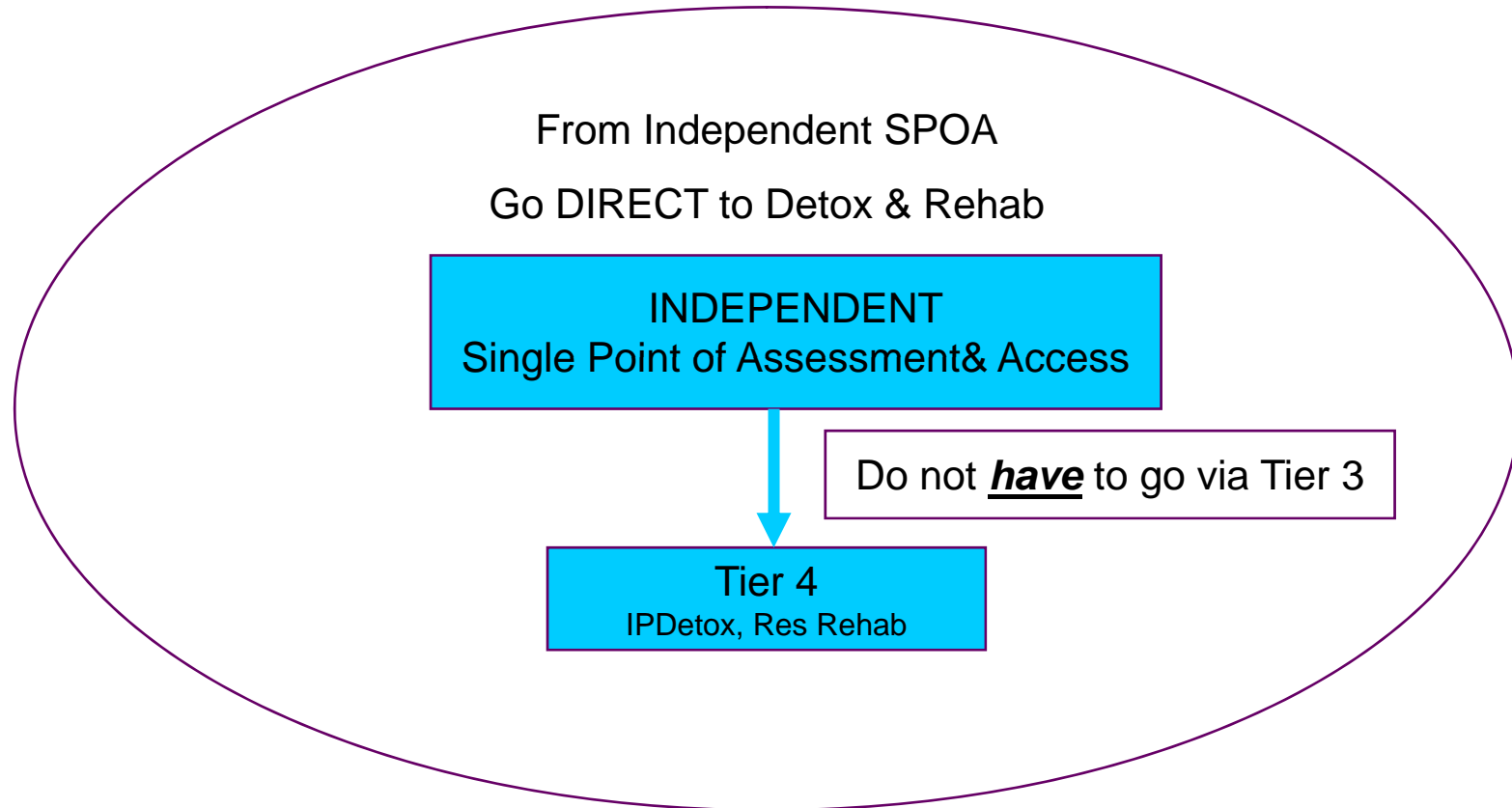
Integrated

- An integrated community of treatment service providers
- Services work with the client's care plan, TOP form and ITEP map.
- Workers in an integrated system are trained **together** in recovery principles and practice.
- Services in an integrated system integrate their practice with other services.
- Recovered and recovering clients assist in training workers.
- 12 Step Mutual Aid (NA, CA, AA) an integral part of a ROIS.

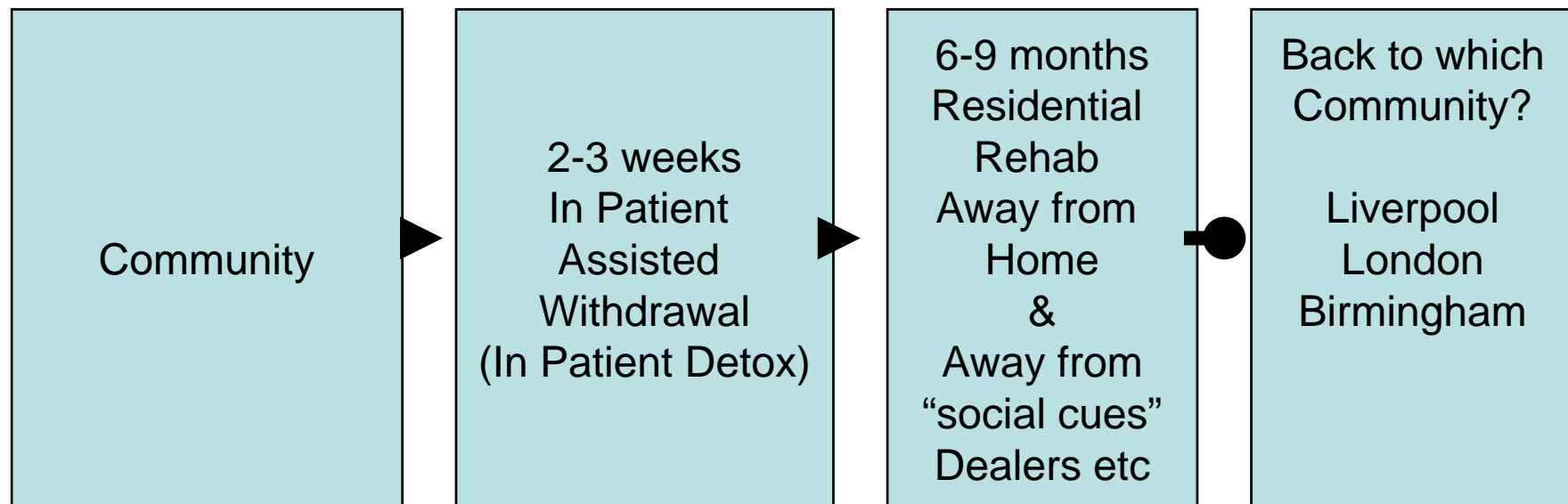
System

- A ROIS is a genuine integrated system.
- A system is commissioned by leaders with a vision of recovery (not left to providers to work out and define their own version of recovery).
- Resources are invested in services in the system and the system produces the recovery outcomes.

ROIS: Recovery Oriented Integrated System



ROIS & Traditional Ideas of Residential Treatment



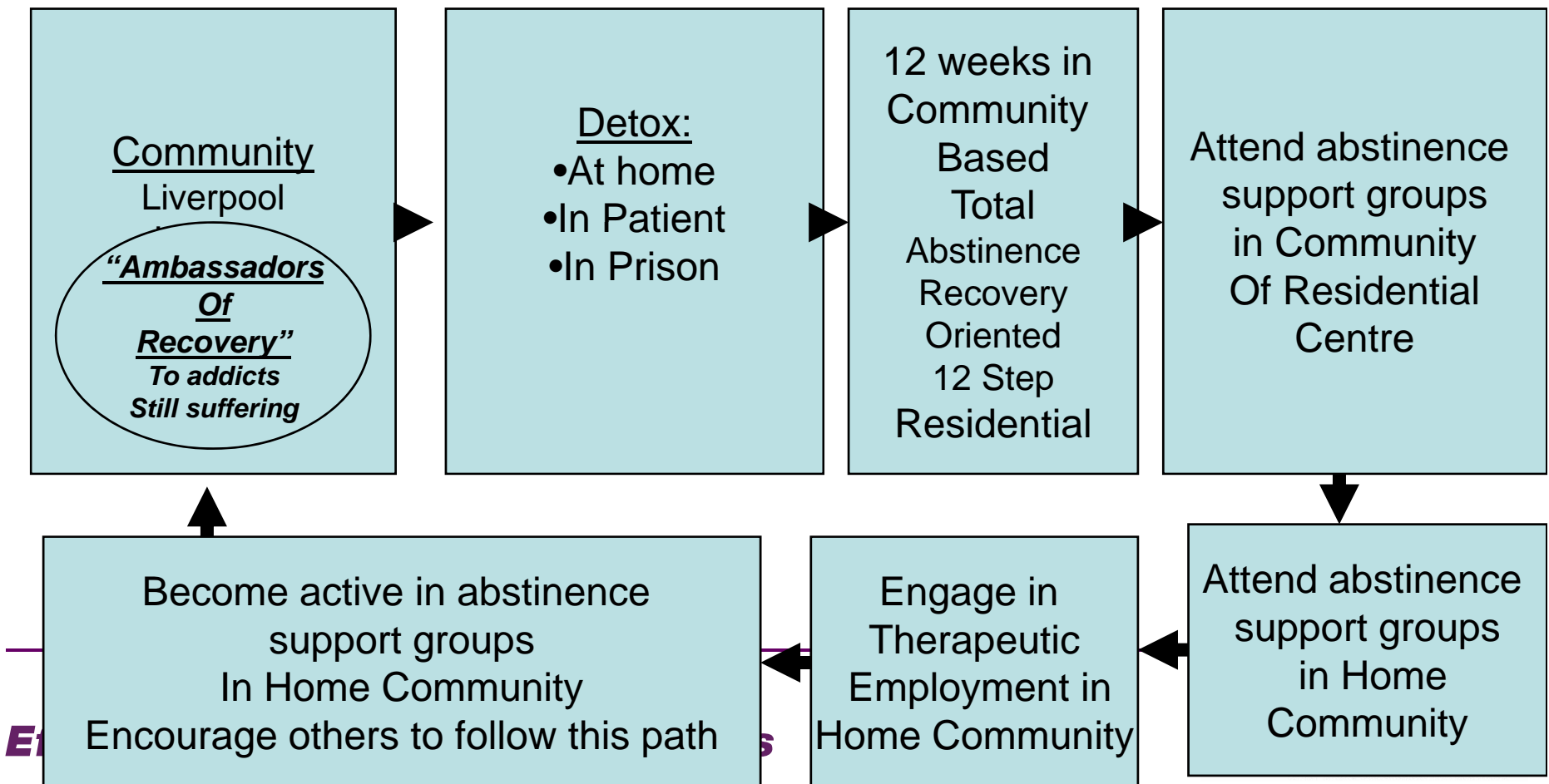
● This is often a full stop. Many successful people don't return to their home community from traditional rehabs because home is not a **'recovery friendly environment'**

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ROIS & More Recent Ideas of Residential Treatment to create *recovery friendly environments*



Chameleons and Caterpillars?

Chameleons Change



Caterpillars Transform

